

# Job Title: Physical Therapy Assistant FLSA Status: Non-Exempt Pay Type: Hourly

(1/13)

## **Purpose:**

The Physical Therapy Assistant provides physical therapy services to clients in their home in accordance with the Plan of Care, Prairie River Home Care, Inc. policies and procedures and under the direction and supervision of the licensed Physical Therapist. The Physical Therapy Assistant reports directly to the General Manager.

### **Duties and Responsibilities:**

- 1. Provides treatments and exercises to restore and/or maintain function under the direction and supervision of a licensed Physical Therapist.
- 2. Carries out home exercise programs developed by the licensed Physical Therapist.
- 3. Demonstrates therapy program for HHA, PCA, family member or other responsible person who may assist the client with their home physical therapy program as directed by the licensed Physical Therapist.
- 4. Reinforces teaching of home therapy program to client/family/caregivers as directed by the licensed Physical Therapist.
- 5. Maintains appropriate documentation for the clinical record as required by Company policy and procedure.
- 6. Confers with the licensed Physical Therapist regarding client's progress and Plan of Care changes.
- 7. Participates in case conference and/or in-service education, as requested.
- 8. Maintains positive and effective communication with all staff and others. Participates in the team concept.
- 9. Maintains absolute confidentiality of all information pertaining to clients, families and employees.
- 10. Physical Therapy Assistants <u>cannot</u> perform the following activities: evaluation, treatment planning or establishing plans of care, change of treatment, supervision.

## **Physical/Environmental Demands:**

Heavy to Very Heavy. Involves lifting clients, bending, stooping, stretching, and assisting with equipment. Must be adaptable to a variety of environments and community settings. Must be able to drive or use public transportation in all types of weather.

Exerting in excess of 100 pounds of force occasionally, and/or in excess of 50 pounds of force frequently, and/or in excess of 20 pounds of force constantly to move objects. Physical demand requirements are in excess of those for heavy work.

#### **Qualifications:**

- 1. Graduate of a two (2) year PTA college program that leads to an associate degree and has been approved by the American Therapy Association; licensed as a Physical Therapy Assistant in the state of Minnesota.
- 2. Have at least two (2) years experience in a health care setting or equivalent experience. Home care experience preferred.
- 3. Possess good interpersonal communication and teaching skills.
- 4. Good organizational skills and the ability to work independently.
- 5. Good written and oral communication skills.
- 6. Proof of negative mantoux or documentation of negative chest x-ray.
- 7. Current CPR certification recommended.
- 8. Have U.S. Citizenship or evidence of valid Alien Work Permit.
- 9. Discloses any conviction and criminal history records pertaining to any crime related to the provision of health services or to the occupation of personal care assistant (no candidate who has been convicted of such crimes will be hired).
- 10. Negative Criminal Background Study from the Minnesota Department of Human Services.

I am capable of meeting the Physical and Environmental Demands and Qualifications listed, and I am not aware of any barriers to performing the Duties and Responsibilities of the Job Description.

Employee Name (printed):	
Employee Signature:	Date: