



## Physical Therapist

The Physical Therapist plans and provides physical therapy services to the clients in their home in accordance with the Plan of Care and the company's policies and procedures. The Physical Therapist performs functions which require substantial specialized knowledge, judgement and skill based upon the principles of psychological, biological and social services and must be able to make judgements accordingly. The Physical Therapist reports directly to the General Manager.

### **Duties and Responsibilities:**

1. Administers physical therapy evaluations. Participates in the development of the Plan of Care.
2. Provides physical therapy treatments, procedures, evaluations and diagnostic tests for clients under the direction of their physician for whom therapy has been medically prescribed.
  - A. Translates all exercises into functional activities or activities of daily living.
  - B. Provides instructions in the use and care of assistive devices.
  - C. Develops needed plans for modifying equipment, appliances and the physical surroundings in client's homes.
3. Prepares clinical and progress notes. Reports to physician and the General Manager the client's response to treatment or change in condition.
  - A. Maintains appropriate records including frequency of visits and client's response.
4. Instructs and supervises PTAs, HHAs, LPNs and RNs in therapy program when appropriate.
  - A. Provides inservice education programs for company staff as requested.
  - B. Participates in Case Conferences as indicated.
5. Provides families with information, support and encouragement to help motivate clients in their progress. Instructs client's family on home physical therapy program.
  - A. Assists individuals and families to accept and adjust positively to physical, mental and social limitations.
  - B. Participates in the development of community resources to meet the needs of clients.
6. Maintains positive and effective communication with all staff and others. Understands and participates in team concept.
7. Maintains absolute confidentiality of all information pertaining to clients, families and employees.
8. Maintains a safe client environment and identifies and reports to the office any suspected vulnerable client abuse, neglect, or financial exploitation.
9. Performs other related duties and responsibilities as assigned by the Branch Office.

### **Physical/Environmental Demands:**

Heavy to Very Heavy. Involves lifting clients, bending, stooping, stretching, and setting up equipment. Must be adaptable to a variety of environments and community settings. Must be able to drive or use public transportation in all types of weather.

Exerting in excess of 100 pounds of force occasionally, in excess of 50 pounds of force frequently, and in excess of 20 pounds of force constantly to move objects. Physical demand requirements are in excess of those for heavy work.

**Qualifications:**

1. Graduate of an accredited Physical Therapy program; currently licensed as a Physical
2. Therapist in the state of Minnesota. The license must not have been revoked, suspended, and without limitations or restrictions.
3. Have at least two (2) years experience in a health care setting or equivalent experience. Home care experience preferred.
4. Strong interpersonal communication and teaching skills.
5. Strong organizational skills and the ability to work independently.
6. Excellent written and oral communication skills.
7. Access to a dependable vehicle or public transportation in order to travel to multiple company business stops a day.
8. A valid driver's license and proof of car insurance when using a personal vehicle for company business.
9. Proof of negative mantoux or documentation of negative chest x-ray.
10. Current CPR certification is highly recommended.
11. Pass initial and ongoing background studies and screenings including but not limited to those of the Minnesota Department of Health and the Federal Office of the Inspector General's List of Excluded Individuals and Entities.